



Health Resource Directory

Annex Teen Clinic

4915 North 42nd Avenue
Robbinsdale, MN 55422
Tel: 763-533-1316
www.teenhealth411.org

Description of Services

Youth Development & Sexual Health Education

Reduce teen pregnancy by providing programs focused on healthy youth development, comprehensive sexuality education, chemical health promotion, and connecting youth to clinical family planning services.

Tags: Teen Pregnancy, Healthy Behaviors

Arc Greater Twin Cities

2446 University Avenue West, Suite 110
St. Paul, MN 55114
Tel: 952-920-0855
www.arcgreatertwincities.org

Description of Services

Advocacy and Support for Parents, Caregivers and Adults with Disabilities

Training, supporting and assisting children and adults with intellectual and developmental disabilities and their parents/caregivers to navigate and utilize services for community participation.

Tags: Caregiver and Family Support, Independence

Bloomington Division of Public Health

1900 West Old Shakopee Road
Bloomington, MN 55431
Tel: 952-563-8900
www.ci.bloomington.mn.us

Description of Services

Family Support

Assure access to health care for vulnerable populations through public health nurse (PHN) interventions during home visits and at community sites.

Tags: Publicly Funded Health Insurance, Access

Carver County Community Social Services

Human Services Building
602 East Fourth Street
Chaska, MN 55318
Tel: 952-361-1600
www.co.carver.mn.us

Description of Services

Encore: Carver County Adult Day Services Program

Provides supportive services to older and disabled adults and their family caregivers to help participants remain at home in their communities for as long as possible.

Tags: In-Home & Community Based Support, Independence

Catholic Charities of the Archdiocese of St. Paul and Minneapolis

1200 South Second Avenue
Minneapolis, MN 55403
Tel: 612-664-8500
www.ccsmpm.org

Description of Services

Catholic Charities Counseling Services

Provides mental health counseling and information & referral services to children, adults & families experiencing emotional distress or behavioral problems regardless of ability to pay.

Caregiver Support Program

Assists older adults, persons with disabilities and caregivers in identifying and accessing services, providing respite and navigating social, medical and educational supports in the community.

Tags: Community Source of Ongoing Care, Access, Caregiver and Family Support, Independence

Center School, Inc.

2421 Bloomington Avenue South
Minneapolis, MN 55404
Tel: 612-721-1655 ext. 12

Description of Services

Children of the Seventh Fire

Supports teen girls and boys with sexuality education (includes parenting responsibilities), integrated with financial planning, self-care, health, counseling, mentoring and a overall cultural perspective.

Healthy Choices

Reduces risk of diabetes and obesity among Native American students, develops healthier habits through exercise, gardening and diet, provides health screenings, follow-up and health education,

Tags: Teen Pregnancy, Healthy Behaviors, Obesity and Diabetes,

Centro Cultural Chicano, Inc.

1915 Chicago Avenue South
Minneapolis, MN 55404
Tel: 612-874-1412
www.centromn.org

Description of Services

Centro Access Program (CAP)

Provides medical, dental and mental health care for 2,000 vulnerable Latino women, men, and children through a continuum of culturally specific access services.

Centro's Seniors Program

Engages low income Latino seniors in mental physical and social activities to prevent and reduce depression and isolation

Tags: Community Source of Ongoing Care, Access, Mental, Physical, and Social Activities, Independence

Children's Home Society & Family Services

1605 Eustis Street
St. Paul, MN 55108
Tel: 651-646-7771
www.chsfs.org

Description of Services**Individual and Family Counseling**

Provides comprehensive mental health services, counseling, outreach and community referrals to individuals, families and groups within the Greater Twin Cities area.

Tags: Community Source of Ongoing Care, Access

Chisago-Isanti County Heartland Express

245 2nd Avenue Southeast
Cambridge, MN 55008
Tel: 763-689-8131
www.co.chisago.mn.us

Description of Services**Heartland Express Special Senior Bus fare**

Provide a discounted in-city fare for senior 65+ and a special rate for low income passengers for out-of-county medical appointments.

Tags: Transportation, Independence

CommonBond Communities

328 Kellogg Boulevard West
St. Paul, MN 55102
Tel: 651-291-1750
www.commonbond.org

Description of Services**Advantage Services Mind-Body-Community**

Provide enhanced physical, mental health, cognitive wellness, and volunteer programming for seniors living in CommonBond Communities to increase community participation and housing stability.

Tags: Mental, Physical, and Social Activities, Independence

Community Action Partnership of Ramsey Washington Counties

450 North Syndicate Street
St. Paul, MN 55104
Tel: 651-645-6445

www.caprw.org

Description of Services

Healthy Children - Healthy Futures

Provides enhanced comprehensive early childhood screening, evaluation and treatment through increased on-site services and by engaging community agencies, providers, policymakers and parents.

Tags: Health Screening, Healthy Behaviors

Comunidades Latinas Unidas En Servicio, Inc.

797 East Seventh Street

St. Paul, MN 55106

Tel: 651-379-4200

www.clues.org

Description of Services

Bienestar Familiar (Family Well-being)

Educates, navigates, and coordinates family-centric care for mental, dental, and primary healthcare for Spanish speaking Latinos through the assistance of Family Health Coordinators

CLUES Caregiver Support Program

Supports caregivers of all ages and provides individualized Caregiver Coaching/Counseling Services, individual and group support, and opportunities for ongoing education.

Tags: Community Source of Ongoing Care, Access, Caregiver and Family Support, Independence

Courage Center

3915 Golden Valley Road

Golden Valley, MN 55422

Tel: 763-588-0811

www.courage.org

Description of Services

Courage Center Supports for Community Participation

Promotes fitness and engagement in the community for persons of all ages and disabilities by providing a wide range of activities to explore and master.

Courage Center Rehabilitation Care Navigation (RCN)

Assists clients to maneuver the healthcare system, and advocates for the client and family within the organization, community, physicians, insurers and other providers.

Courage Center Outpatient Medical Rehabilitation and Home/Community Based Services

Provides comprehensive, integrated rehabilitative services designed so that the people served will be able to regain/retain their independence in their home.

Tags: Mental, Physical, and Social Activities, Caregiver and Family Support, In-Home & Community Based Support, Independence

Dakota Communities

680 O'Neill Drive

Eagan, MN 55121

Tel: 651-688-8808

Description of Services

Be Connected. Be Well: Health and Independence Impact Project

Improve health and independence of persons with disabilities through preventative health impact project including research, assessment, intervention, measurement, and recommendations for replication.

Tags: Mental, Physical, and Social Activities, Independence

DARTS

1645 Marthaler Lane
West St. Paul, MN 55118
Tel: 651-455-1560
www.darts1.org

Description of Services

DARTS Service Coordination and Caregiver Support

Increases older adults' resource use and independence and caregivers' capacity through assessment, personalized service information and access assistance, education, coaching, and respite.

DARTS Help at Home

Provides household help, resource access, and service navigation assistance to older adults to enable them to remain independent and in the residence of their choice.

Tags: Caregiver and Family Support, In-Home & Community Based Support, Independence

Ebenezer Society Foundation

2200 Riverside Ave.
Minneapolis, MN 55454

Description of Services

Life Long Learning for Subsidized Locations

Increase access to award-winning Life Long Learning programs for low-income seniors and adults with disabilities to maintain independence, increase socialization and decrease depression.

Tags: Mental, Physical, and Social Activities, Independence

Face to Face Health and Counseling Service, Inc.

1165 Arcade Street
St. Paul, MN 55106
Tel: 651-772-5555
www.face2face.org

Description of Services

Health Access Program

Provides integrated primary medical and mental health services, and referral to dental care, to homeless, low income, uninsured and underinsured youth in the Twin Cities.

Tags: Community Source of Ongoing Care, Access

Faith Community Nurse Network of the Greater Twin Cities

90 Emerald Street SE
Minneapolis, MN 55414

Description of Services

Nurturing Older Adults at Home (NOAH)

Provides 500 seniors and their caregivers with in-home functional assessments, personal support, health counseling and education, access to information, referral assistance & follow-up, and advocacy.

Tags: Caregiver and Family Support, Independence

Family Pathways

1575 1st Ave E
PO Box 272
Cambridge, MN 55008
Tel: 763-552-7284
www.familypathways.org

Description of Services**Family Pathways Senior Services**

Assists older adults to remain living independently in their own homes. Providing support, respite, advocacy, informational services, and outreach programs to seniors and their caregivers.

Tags: Caregiver and Family Support, Independence

FamilyMeans

1875 Northwestern Avenue South
Stillwater, MN 55082
Tel: 651-439-4840
www.familymeans.org

Description of Services**Caregiver Support**

Keeps elders and those with disabilities living independently in the community by supporting their family/friend caregivers through respite, coaching, education and information and assistance.

Tags: Caregiver and Family Support, Independence

Freeport West, Inc.

2219 Oakland Avenue South
Minneapolis, MN 55404
Tel: 612-824-3040
www.freeportwest.org

Description of Services**Commit 2B Fit**

Engaging youth by providing keys to healthy behaviors to increase knowledge about how health, fitness and food work 'together,' we'll work to reduce the incidence of obesity and diabetes.

Tags: Obesity and Diabetes, Healthy Behaviors

Fremont Community Health Services, Inc.

3300 Fremont Avenue North
Minneapolis, MN 55412
Tel: 612-588-9411
www.fremonthealth.org

Description of Services

Family Centered Childhood Obesity & Diabetes Prevention and Management

A community-based, Family Centered Childhood Obesity & Diabetes Prevention and Management project engaging residents of North and Northeast Minneapolis in healthy lifestyle changes aimed at reducing the incidence of obesity and the on-set and exacerbations of diabetes of those at risk.

Patient Healthcare Access Navigation Project

To assist low-income individuals, children, families and the elderly to access health care to sustain and improve health and self-sufficiency.

Tags: Obesity and Diabetes, Healthy Behaviors, Publicly Funded Health Insurance, Access

Fremont Community Health Services, Inc.

3300 Fremont Avenue North
Minneapolis, MN 55412
Tel: 612-588-9411
www.fremonthhealth.org

Description of Services

Expanding and providing ongoing culturally appropriate care to racial/ethnic minorities.

Expansion of culturally appropriate, ongoing primary care for racial/ethnic minorities, including referrals for dental and mental health and assistance in navigating the health care system.

Tags: Community Source of Ongoing Care, Access

Greater Minneapolis Council of Churches

1001 East Lake Street
PO Box 7509
Minneapolis, MN 55407
Tel: 612-721-8687
www.gmcc.org

Description of Services

HandyWorks

Assists low-income seniors and disabled adults in south and northeast Minneapolis by providing chore services so they may remain independent in their own homes.

Tags: In-Home & Community Based Support, Independence

Hennepin Healthcare System

701 Park Avenue
Minneapolis, MN 55415
Tel: 612-873-2352
www.hcmc.org

Description of Services

Bright Futures for Uninsured Children

Provides comprehensive and periodic evaluation of health, developmental and nutritional status, in addition to vision, hearing, and dental screening services to uninsured pediatric patients.

Tags: Health Screening, Healthy Behaviors

Human Services, Inc. in Washington County, Minnesota

7066 Stillwater Boulevard. North

Oakdale, MN 55128

Tel: 651-777-5222

www.hsicares.org

Description of Services

Community Call Center

Provides 24 hour / 7 day a week crisis counseling, suicide risk assessment and intervention, and information and referral for support services by phone, taking calls from anyone in the 9 county metro area.

Tags: Community Source of Ongoing Care, Access

Illusion Theater & School, Inc.

528 Hennepin Avenue, Suite 704

Minneapolis, MN 55403

Tel: 612-339-4944

www.illusiontheater.org

Description of Services

Ready. Set. Action!: Obesity Prevention for Youth

Prevents obesity by providing youth, their schools, and families with engaging programming and information to foster healthy eating, exercise, and body image.

Tags: Obesity and Diabetes, Healthy Behaviors

Indian Health Board of Minneapolis, Inc.

1315 East 24th Street

Minneapolis, MN 55404

Tel: 612-721-9800

www.indianhealthboard.com

Description of Services

Counseling & Support Clinic

Continue delivering the comprehensive, high quality, culturally competent, mental health services our clients expect for the urban American Indian community within IHB's primary care system.

Tags: Community Source of Ongoing Care, Access

Jewish Community Center of the Greater Saint Paul Area

1375 St. Paul Avenue

St. Paul, MN 55116

Tel: 651-698-0751

www.stpauljcc.org

Description of Services

Community Connections for Seniors and People with Disabilities

Provides older adults and persons with disabilities opportunities to participate in physical, intellectual, volunteer and social activities to prevent and or reduce depression and isolation.

Tags: Mental, Physical, and Social Activities, Independence

Jewish Family & Children's Service

13100 Wayzata Boulevard, Suite 400

Minnetonka, MN 55305

Tel: 952-546-0616

www.jfcsmpls.org

Description of Services

SHINE (previously Older Adult Services)

Assists seniors and persons with mental illness to stay in their homes while being healthy, safe, engaged citizens for as long as possible.

Tags: In-Home & Community Based Support, Independence

Keystone Community Services

2000 St. Anthony Avenue

St. Paul, MN 55104

Tel: 651-645-0349

www.keystoneservices.org

Description of Services

Keystone Senior Program

Reduces isolation and offers opportunities for making friends, using skills, knowledge and interests with others. Participate in physical and healthful programs while engaging with others.

Tags: Mental, Physical, and Social Activities, Independence

Lifetrack Resources

709 University Avenue West

St. Paul, MN 55104

Tel: 651-227-8471

www.lifetrackresources.org

Description of Services

Child and Adult Therapies for Health and Independence

Provide evaluation/therapy/assistive technology and parent-to-parent support for low-income, at-risk children and adults with physical, developmental, sensory, speech and hearing disabilities.

Tags: In-Home & Community Based Support, Independence

Lutheran Social Service of Minnesota

2485 Como Avenue

St. Paul, MN 55108

Tel: 651-642-5990

www.lssmn.org

Description of Services

SELF Seeing and Exploring Life's Future

Reduces teen pregnancy in youth of color by providing comprehensive sexual health knowledge and skills practice related to pregnancy and STI and HIV/AIDS prevention.

Tags: Teen Pregnancy, Healthy Behaviors

Mental Health Association of Minnesota

475 Cleveland Avenue N, Suite 222

St. Paul, MN 55104

Tel: 651-493-6634

www.mentalhealthmn.org

Description of Services

Advocacy Program

Helps individuals and families navigate the mental health system and access resources for mental health care, housing, employment, and other services to maintain their independence.

Tags: Caregiver and Family Support, Independence

Mid-Minnesota Legal Assistance

430 First Avenue North
Suite 300
Minneapolis, MN 55401
Tel: 612-332-1441
www.midmnlegal.org

Description of Services

Independence Law Project

Provides legal advocacy enabling low income persons with disabilities and seniors to access critical supports enabling them to live in independent community settings.

Tags: Caregiver and Family Support, Independence

Minneapolis Medical Research Foundation

914 South 8th Street
600 Shapiro Building
Minneapolis, MN 55404
www.mmrf.org

Description of Services

Taking Steps Together

Taking Steps Together is a family centered, lifestyle education and behavioral modification program for overweight children and their families.

Tags: Obesity and Diabetes, Healthy Behaviors

Minneapolis Urban League

2100 Plymouth Avenue North
Minneapolis, MN 55411
Tel: 612-302-3100
www.mul.org

Description of Services

OOPS (Other Options Program Services)

Reduces the rates of teenage pregnancy and STIs among African American youth and other low income teens of color in the Minneapolis area.

Tags: Teen Pregnancy, Healthy Behaviors

Minneapolis Youth Coordinating Board

330 Second Avenue South, Suite 540
Minneapolis, MN 55401
Tel: 612-673-2060

www.ycb.org

Description of Services

YCB Health Insurance Access Services

Assists Minneapolis families in accessing appropriate health insurance coverage and establishing a medical home.

Tags: Publicly Funded Health Insurance, Access

Minnesota Visiting Nurse Agency

3433 Broadway Street Northeast, Suite 300

Minneapolis, MN 55413

Tel: 612-617-4600

www.mvna.org

Description of Services

Safety Net Home Care Services for the Ill and Disabled Indigent Population

Provide a blend of traditional and non-traditional Home Care Services to acute and chronically ill residents which will reduce unnecessary hospitalizations and premature placement in nursing homes.

Tags: In-Home & Community Based Support, Independence

Neighborhood House

179 Robie Street East

St. Paul, MN 55107

Tel: 651-789-2500

www.neighb.org

Description of Services

Health Access

Increases protective factors and decreases risk factors for teen pregnancy and HIV/AIDS/STIs among high-risk populations, primarily low-income communities of color including immigrants/refugees.

Tags: Teen Pregnancy, Healthy Behaviors

Neighborhood Involvement Program, Inc.

2431 Hennepin Avenue South

Minneapolis, MN 55405

Tel: 612-374-3125

www.neighborhoodinvolve.org

Description of Services

N.I.P. Services for the Uninsured

Provide increased access to health care, dental care and mental health services for the uninsured and underinsured.

Tags: Community Source of Ongoing Care, Access

Northpoint Health & Wellness Center, Inc.

1313 Penn Avenue North

Minneapolis, MN 55411

Tel: 612-302-4767

www.northpointhealth.org

Description of Services

Linking N. Mpls. Charter School Students with Health and Wellness Resources

Provides physical, mental and oral health screening, detection and coordinated care delivery, outreach and education to students and families of N. Mpls. charter schools.

Tags: Health Screening, Healthy Behaviors

Open Cities Health Center

409 North Dunlap Street

St. Paul, MN 55104

www.ohealthcenter.com

Description of Services**Community Health Connection**

Designed to address access and reduce health disparities, the Community Health Connection Initiative utilizes coordinating efforts in providing health care, support services, education and outreach.

Tags: Community Source of Ongoing Care, Access

Opportunity Partners, Inc.

5500 Opportunity Court

Minnetonka, MN 55343

Tel: 952-938-5511

www.opportunities.org

Description of Services**Semi-Independent Living Services / In-Home**

Provides individualized in-home and community-based support and training for people with disabilities to foster growth, self-sufficiency, independence, health, socialization, and connection to the community.

Tags: In-Home & Community Based Support, Independence

Parmly LifePointes - Ecumen Corp.

28210 Old Town Road

Chisago City, MN 55013

Tel: 651-257-0575

www.parmly.org

Description of Services**Vital Aging for All**

Engage seniors in regularly scheduled exercise, social, intellectual, and volunteer activities through wellness programs and a Vital Aging Corps to reduce isolation and depression.

Tags: Mental, Physical, and Social Activities, Independence

Pillsbury United Communities

1101 West Broadway Avenue

Minneapolis, MN 55411

Tel: 612-302-3400

www.puc-mn.org

Description of Services**Pillsbury Health and Wellness**

Improve the health and wellness of Minneapolis' low-income immigrants and people of color by delivering culturally competent interpreting services, advocacy and alternative health care.

Achieving Independence

Provides mental, physical and social activities for older adults and persons with disabilities in order to reduce isolation and depression, and achieve independence.

Tags: Community Source of Ongoing Care, Access, Mental, Physical, and Social Activities, Independence

Plymouth Christian Youth Center

2210 Oliver Avenue North
Minneapolis, MN 55411
Tel: 612-522-6501
www.pcyo-mpls.org

Description of Services

Better Choices for Better Health

Involves teens in healthy behaviors that support a reduction of obesity and Type II diabetes.

First Things First

Gives teens compelling reasons to avoid too-early pregnancy and parenthood through academic education, counseling, peer support, clinical services and outreach to parents and caregivers.

Tags: Obesity and Diabetes, Teen Pregnancy, Healthy Behaviors

Portico Healthnet

2610 University Avenue West, Suite 550
St. Paul, MN 55114
Tel: 651-603-5100
www.porticohealthnet.org

Description of Services

Application and Enrollment Assistance for Publicly Funded Health Insurance

Enroll 2,650 low-income uninsured children and adults in publicly funded health insurance programs each year through community-based outreach, eligibility assessment, and comprehensive application/enrollment assistance.

Tags: Publicly Funded Health Insurance, Access

RESOURCE, Inc.

1900 Chicago Avenue
Minneapolis, MN 55404
Tel: 612-752-8000
www.resource-mn.org

Description of Services

Spectrum Mental Health Case Management Services

Assists individuals with serious mental illness to access necessary medical, dental and mental health care through the provision of intensive case management services.

Tags: Community Source of Ongoing Care, Access

River Valley Community Partnerships

110650 Village Road

Chaska, MN 55318

Tel: 952-402-9854

Description of Services

River Valley Nursing Center

Provides health screening, education, referrals and follow-up to children(birth through 10) living in poverty.

Tags: Health Screening, Healthy Behaviors

Sabathani Community Center, Inc.

310 East 38th Street, Suite 200

Minneapolis, MN 55409

Tel: 612-821-2300

www.sabathani.org

Description of Services

Health First Access

Increase venues and create connections for people to access medical and dental services and practice healthy behaviors to reduce health disparities in south Minneapolis.

Sabathani Senior Independent Living Center

Provides independent living services, health clinics and services, transportation, congregate dining, educational programs and social wellness activities.

Tags: Community Source of Ongoing Care, Access, Mental, Physical, and Social Activities, Independence

Senior Community Services

10709 Wayzata Boulevard

Suite 111

Minnetonka, MN 55305

Tel: 952-541-1019

www.seniorcommunity.org

Description of Services

Frail Elder Support Services

Assist and empower older adults to maximize healthy and independent living by increasing in-home and community support through two services -- H.O.M.E. and Senior Outreach.

Caregiver and Family Support Services

Equips caregivers, through a continuum of services, including online service navigation, coaching, support and education, to maximize health and independence for care receivers and themselves.

Tags: In-Home & Community Based Support, Independence, Caregiver and Family Support

Sight & Hearing Association

1246 University Avenue West, Suite 226

St. Paul, MN 55104

Tel: 651-645-2546 ext. 18

www.sightandhearing.org

Description of Services

Vision and Hearing Screening Program for Children

SHA will provide vision and hearing screening to 13,250 children. Uninsured children with vision issues will receive

further professional medical care at no-cost.

Tags: Health Screening, Healthy Behaviors

Special School District No. 1

807 Northeast Broadway
Minneapolis, MN 55413
Tel: 612-668-0206

Description of Services

MPS Bridge to School Project

Screens and provides aggressive and immediate follow-up for homeless children ages three to five years who are or who have recently been staying in shelters

Broadway Teen Parent Program

The Broadway prenatal program will provide specialized prenatal education and case management services for 120 pregnant teens and 80 infants to increase healthy behaviors and reduce poor birth outcomes.

Tags: Health Screening, Healthy Births, Healthy Behaviors

St. David's Child Development and Family Services

3395 Plymouth Road
Minnetonka, MN 55305
Tel: 952-939-0396
www.stdavids.net

Description of Services

The Adventure Program

Engages youth and young adults with special needs in enriching community-based activities that reduce isolation, increase independence, and improve quality of life.

Tags: Mental, Physical, and Social Activities, Independence

St. Mary's Health Clinics

1884 Randolph Avenue
St. Paul, MN 55105
www.stmaryshealthclinics.org

Description of Services

St. Mary's Health Clinics

Provides free healthcare services and education to low-income, uninsured children, families and individuals: primary care, prescriptions, lab tests, radiology, inpatient, outpatient, and specialist physician services.

Tags: Community Source of Ongoing Care, Access

St. Paul Area Council of Churches

1671 Summit Avenue
St. Paul, MN 55105
Tel: 651-646-8805
651-646-6866
www.spacc.org

Description of Services

Family Education Diabetes Series (FEDS)

Provides diabetes prevention/management information and healthy lifestyle education to American Indian youth and families through classroom workshops and family gatherings with shared meals and activities.

Tags: Obesity and Diabetes, Healthy Behaviors

Summit University Teen Center, Inc.

1063 Iglehart Avenue
St. Paul, MN 55104
Tel: 651-644-3311

Description of Services**Teens Choosing Health Options Programs and Services (TC-HOPS)**

TC-HOPS will provide pregnant/expecting teens with the support and resources needed to contribute to healthy births, infant mortality reduction, life skills and parenting education.

Tags: Healthy Births, Healthy Behaviors

The Family Partnership

414 South Eighth Street
Minneapolis, MN 55404
Tel: 612-339-9101

www.TheFamilyPartnership.org

Description of Services**Teen Outreach Program**

Prevents teen pregnancy and related risk behaviors through a nine-month, evidence-based curriculum that involves health/sex education, skills development, mentoring, and service learning/civic engagement.

Children's Health and Development Services Expansion

Expand current in center and in-home health and development screening and intervention services to preschool children on our waiting list and unserved siblings ages 5 to 10.

Mental Health, Family Counseling and Health Care Access

Provides mental health counseling and health care access assistance to low income, uninsured and underinsured families, children and youth of all cultures.

Tags: Teen Pregnancy, Health Screening, Healthy Behaviors, Community Source of Ongoing Care, Access

The Regents of the University of Minnesota / Community-University Health Care Center/Variety Children's Clinic

2001 Bloomington Avenue South
Minneapolis, MN 55404
Tel: 612-638-0700

www.ahc.umn.edu/CUHCC/

Description of Services**Community-University Health Care Center's Healthy Kids Program**

Provides comprehensive health screenings and preventive care for children ages 0-10 in order to address health problems early.

Increasing Access Through Public Eligibility

Provides increased access to public programs for people without health care insurance or who are underinsured and

living at 200% of federal poverty guidelines.

Tags: Health Screening, Healthy Behaviors, Publicly Funded Health Insurance, Access

United Cambodian Association of Minnesota, Inc.

1101 Snelling Avenue North
St. Paul, MN 55108
Tel: 651-222-3299
www.ucammn.org

Description of Services

Independent Living Program for Cambodian and Karen Elders

Provide support to 596 older Cambodian and karen refugees and immigrants so they are able to maximize their health and independent living

Tags: Mental, Physical, and Social Activities, Independence

United Family Practice Health Center

1026 West Seventh Street
St. Paul, MN 55102
Tel: 651-241-1000
unitedfamilymedicine.org

Description of Services

United Family Practice Health Center

Provide primary and mental health care, dental care, physician training, and outreach services focused on the medically uninsured, underinsured and underserved residents of Saint Paul.

Tags: Community Source of Ongoing Care, Access

Vail Place

15 Ninth Avenue South
Hopkins, MN 55343
Tel: 952-938-9622
www.VailPlace.org

Description of Services

Vail Place

Reduces isolation, depression, and other mental health symptoms through employment, recreation, socialization, physical and mental health activities, for adults ages 18 - 75 with mental illness.

Tags: Mental, Physical, and Social Activities, Independence

Vietnamese Social Services of Minnesota

277 University Avenue West
St. Paul, MN 55103
Tel: 651-641-8907
www.vssmn.org

Description of Services

Vietnamese and Karen Refugee and Immigrant Health Insurance and Care Access Project

Provide culturally appropriate services to assist Vietnamese and Karen refugees and immigrants enroll in and/or

maintain publicly funded health insurance.

Tags: Publicly Funded Health Insurance, Access

Vision Loss Resources, Inc.

1936 Lyndale Avenue South

Minneapolis, MN 55403

Tel: 612-871-2222

www.visionlossresources.org

Description of Services

Community Services

Provides needs assessments, independent living training, support and recreation to blind visually impaired and hearing-impaired people of all ages, especially seniors.

Tags: In-Home & Community Based Support, Independence

Health Resource Directory

Volunteers of America of Minnesota

7625 Metro Boulevard
Minneapolis, MN 55439
Tel: 952-945-4000
952-945-4100
www.voamn.org

Description of Services

Access Advisors

Provides information, referrals, assessments and case coordination for frail/vulnerable older adults at risk of losing their independence, and provide support/education for their families and caregivers

engAging Activity Network

Offers programs and activities for older adults that decrease depression and isolation while promoting choices for a vital, independent, and healthy lifestyle.

Tags: Caregiver and Family Support, Mental, Physical, and Social Activities , Independence

WellShare International

122 West Franklin Avenue, Suite 510
Minneapolis, MN 55404
www.wellshareinternational.org

Description of Services

Somali Healthy Youth Initiative

Partners with the Somali community to reduce health disparities

Tags: Obesity and Diabetes, Healthy Behaviors

West Seventh Community Center, Inc.

265 Oneida Street
St. Paul, MN 55102
Tel: 651-298-5493
www.west7th.org

Description of Services

West 7th Senior Services Program

Provide a continuum of senior care, including comprehensive in-home assessments and referrals, home health / personal care services, chore services, assistive technologies, and home modifications.

Tags: In-Home & Community Based Support, Independence

YWCA of Minneapolis

1130 Nicollet Mall
Minneapolis, MN 55403
Tel: 612-332-0501
612-332-0500
www.ywcamppls.org

Description of Services

Contact Plus

Engages youth in actively protecting their sexual health, avoiding pregnancy and sexually transmitted infections, completing their educational goals, and planning for the future

Strong Fast Fit Youth

Prevents obesity and type II diabetes in Latino and Native American youth through culturally specific fitness, nutrition, and family engagement.

Tags: Teen Pregnancy, Obesity and Diabetes , Healthy Behaviors

YWCA of St. Paul

375 Selby Avenue
St. Paul, MN 55102
Tel: 651-222-3741
651-222-6307

www.ywcaofstpaul.org

Description of Services

Youth In Motion

Reduces childhood obesity and promotes skills and motivation to build and maintain healthy lifestyles through healthy eating and exercise. Family involvement is at Youth in Motion's core.

Tags: Obesity and Diabetes, Healthy Behaviors